



Scholarship Application

To guarantee consideration for financial aid, please return the application by August 1.

At BBY, we recognize that increasing representation is only one small piece of a much bigger systemic and institutional shift and as part of a continuing commitment to changing the narrative and shifting power dynamics, we have scholarships available. If you would benefit from receiving funds as part of participating in teacher training, we encourage you to apply - especially if you have been underrepresented, are disproportionately underserved or overlooked due to race, class, or other differential dynamics and are part of a marginalized group.

Better Buzz Yoga Teacher Training (BBYTT) is a unique and comprehensive six months of study that focuses heavily on social justice, equity, and inclusion while honoring the deep and sacred tradition of this transformative practice. In addition, you will have the opportunity to teach (semi) public classes almost immediately.

If that sounds exciting, it is! If that sounds intimidating...that's okay! If that sounds challenging, that's the point!

Our program is designed for anyone who is both interested in gaining a better understanding of modern day postural yoga (asana) as well as the principles and rich philosophy of their yoga practice and/or who is interested in becoming a yoga teacher.

During our time, you will become versed in the history + origins of yoga while developing the ability to guide others to this practice in a unique and authentic way. You will have the opportunity for self-reflection, self-discovery, and personal growth while learning how to share this practice with others in a respectful and appreciative way.

At BBY, we believe in the power of connection, community and strength and as you progress through the training, you will begin to understand how these core concepts are central to who we are at BBY.

Our program will reflect the culture and style of Better Buzz Yoga (BBY) which means in addition to gaining a solid understanding of yoga philosophy, history, asana + pranayama, you will learn how to deliver (and practice) with dynamic intention. By learning how to sequence amazing + creative flows, link unusual transitions, modify postures for all bodies + adapt to changing situations, you will leave this experience with tools to create and help guide intentional, thoughtful, soulful, powerful, inspirational classes. And after all, isn't that what the buzz of yoga is all about?

FINANCIAL ASSISTANCE APPLICATION: *Please print all information.*

2. Name: _____ Date _____

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

3.) Number of family members in household(s) including self ____

4. Total Household Income:

- Below \$40,000
- \$40,000 - \$60,000
- \$60,000-\$80,000
- \$80,000-\$100,000
- More than \$100,000

9. What financial contribution can you make towards your training? \$ _____

10. Please attach with this application a written statement about why this assistance would be meaningful to you.

Signature